

Cameron's Story

Autism

I wouldn't be without my Wenatex

Sleep issues are very common in children with autism. They will often have trouble falling and staying asleep, which may make their symptoms worse.

Challenge:

Children with autism often have trouble falling or staying asleep, inconsistent sleep routines and poor sleep quality. Regular sleep difficulties and insufficient sleep can result in daytime sleepiness, learning problems and behavioural issues such as hyperactivity, inattentiveness and aggression.

Karen's son Cameron has autism and has trouble falling asleep and staying asleep. "Cameron would be walking around the house at all hours of the night, sleeping only hours at a time. His mood was low as he was never getting the quality sleep he so desperately needed."

"The Wenatex pillow has made a significant difference to my sons sleep and overall quality of life! Cameron has been using his Wenatex pillow for over 10 years now and won't be without it! With this pillow he is able to sleep through the night, with no additional sleeping aids. This purchase was the best decision I ever made."



Benefit:

Karen was at her wits end, willing to try anything. She attended a Wenatex Sleep Information session, where she purchased the SilverMed Orthopaedic Pillow for her son. That was now 10 years ago.

Over those 10 years, there was one year where Cameron was without his Wenatex pillow and having to use sleeping tablets as he was again experiencing poor sleep. But like any medication, the sleeping tablets had side effects. That is when Karen recently made the decision to purchase a second SilverMed Orthopaedic Pillow for Cameron. After receiving his new pillow, Cameron was again not needing to take sleeping tablets and there was a huge improvement in his sleep quality and duration.